Synopsis: PsoBest – German Psoriasis registry on systemic

antipsoriatic treatment



Objectives: Long-term observation of systemic antipsoriatic treatment in Germany (biologics and non-biologics)

with special focus on long-term effectiveness and safety in routine care as well as on specific patient

benefit.

Performance: Starting with the first application of a conventional systematic or biological agent, PsoBest docu-

ments the long-term course of patients with moderate to severe psoriasis. Thus, patients who receive systemic or biological agents with market approval after 2005 can be included in PsoBest. The designated observation time per patient is ten years, disregarding the therapies being taken or

therapy-free periods within this observational time.

Design: Multi-centre, prospective, national, non-interventional patient registry

Participants: Patients with plaque-type psoriasis (Pso) or psoriatic arthritis (PsA), age ≥ 18 years, being admin-

istered a specific systemic drug for the first time, written informed consent to participate, sufficient

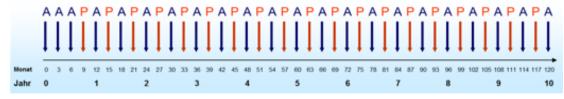
language skills (German) are able to be included.

Patients diagnosed with pure forms of psoriasis inversa or psoriasis pustulosa are excluded. Participation in clinical trials at the day of admission to the registry is not allowed, while participation

in a clinical trial during the registry time is.

Visits: Visits are carried out every 3 months alternating as dermatology office visits (n = 22) and as direct

mail to participants by CVderm (n = 19). Observation time is currently 10 years.



Follow-ups with physician appointments (A) and participant contacts by mail (P)

Main criteria: Clinical course (PASI), quality of life (DLQI), patient benefit (PBI), side effects.

Organisation: Begin of the registry was 01.09.2007, first participant was registered 01.12.2007. All German der-

matology offices can participate and include appropriate patients in the registry. After site registration all material needed is provided by CVderm, including case report forms. Forms filled out, have to be send to CVderm by fax or mail. New sites and participants can be registered any time.

Inclusion: For every new PsoBest participant, these steps are necessary:

Patient information, obtain informed consent form including GDPR and send to CVderm.

• Fill out CRF (dermatologist and patient) and send both forms to CVderm.

• Fix appointment for follow-up visit.

Monitoring: Participating registry sites are visited by the CVderm at their own request and according to a fixed

schedule. The objectives of the visits are to advise on the implementation as well as the quality control of the documentation within PsoBest. The visit is reimbursed to the dermatologist at €80.

Payment: The dermatologist will receive an honorary of € 45 for each protocol-compliant, completed and

returned visit documentation, for the inclusion visit of €84.

Ethics: The positive vote of the ethics committee of the Ärztekammer Hamburg from 24.07.2007 is availa-

ble for the psoriasis registry PsoBest. 2 Amendments were evaluated on 07.05.2015 and

20.07.2022.

Lead: The psoriasis register PsoBest is carried out by the CVderm at the University Medical Center Ham-

burg-Eppendorf (Head: Prof. Dr. Augustin) on behalf of the DDG and the BVDD. The project is accompanied by a scientific advisory board to which the presidents and other members of both

associations belong.

Information: CVderm – German Center of Competence for Health Services Research in Dermatology

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